



Original article

Emotional Aspects Associated with Infertility and its Treatment.

Navid O. Mcgee, Fadi P. Bridget

ABSTRACT

The objective of this study was to describe the main emotional aspects associated with infertility and its treatment. To this end, 106 infertile patients were evaluated, 72 women and 34 men, undergoing treatment in Reproductive Medicine Units in the city of Santiago. Differences were found in the psychological reaction of women and men. While in the former, mood instability (75%), grief (68.1%) and anger (50%) predominated, among men anxiety (46.7%), grief (36.7%) predominated.) and mood instability (33.3%). At work, women expressed difficulties in attending controls and the perception of diminished performance. Men often reported having to work more to cover the expenses. In both sexes, an association was observed between the accumulation of negative experiences and higher degrees of commitment in the social and work spheres. Both sexes also agreed that infertility affects sexual life more (33.7%) than the relationship (15.4%).

Keywords: *nfertility ; Psychological aspects .*

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chiefeditor.jmsp@gmail.com